

EVERYONE LIVING IN, WORKING IN AND VISITING THE BORDERS WILL BE HEALTHIER, HAPPIER AND STRONGER

Expand our participation/Grow Earned income through new activity – Pop Up Play



In January 2019 we launched a new range of products in an attempt to increase participation, grow our earned income and offer inclusive activities in locations where we had been inactive before. In the last 3 months around **850** children have attended these sessions.

Nerforce: Where participants all had plastic nerf guns firing foam pellets, (wore protective eye glasses) and engaged in various fun combat battle games, including “capture the flag” and “last person standing”. The venues are dressed with cargo netting, barricades, tents and other obstacles and hiding points.

Pop up inflatables: We took various inflatables to alternative venues and created sessions which were fun for a range of different age groups.

Neon Sports: participants painted their faces (and arms and legs and hair) with neon crayons and then participated in a range of sports and games, whilst in blackout conditions but under special UV lights. Activities included dodgeball, badminton, relay races, basketball, roller skating, football, frisbee and hockey.



Rollerblading in the community: previously this only ever happened at Gytes or Queens, so we invested in some new skates and rolled this out to some of our public halls.

Expand levels of participation through new Big Screen Sporting Events



New programme development at Heart of Hawick included a trial of Live Sport on the cinema screen; the Six Nations Rugby was the first to be shown in February and March.

This free ticket event was family friendly. Booking was 51% capacity on ticketing.

Feedback: “Fantastic to watch the rugby on the big screen”; “will be back to watch the other matches”; “brilliant venue”; “fantastic atmosphere”.

Each match had a buzz and the atmosphere was amazing, the last match Scotland v England had people jumping out of their seats and a lot of friendly banter was had between supporters of both teams.

Heart of Hawick will continue to promote Live Sports on the big screen with the Women’s Football World Cup in June and the Rugby World Cup in September. Heart of Hawick will build on the success of these events with a ‘Rugby Gold’ event in September.

Nurture Our People through Live My Future project

The aim of **Live My Future** is to take up to 10 young people (aged 16 to 26) who are not currently in education, employment or further training through a tailored 14 week programme to upskill them and prepare them to step into employment or further education. £8.5K Year of Young People funding was secured to deliver the programme.



The first four weeks focus on the Sports Leadership course, which culminates in delivering actual sessions. Through written and practical work the young people develop their leadership skills, deliver 3 types of session, carry out risk assessments and run an event.

The young people attend the Safeguarding and protecting children course and undertake a first aid qualification. Their personal development is enhanced as they build up transferrable skills such as communication and time management and working under their own initiative.

The final 8 week block allows the young person to choose 1 of 4 routes in either coaching, operations, catering/events or creative. Further qualifications may be gained during this placement such as NPQL (lifeguarding).

EXPERIENCE

PARTICIPATION

COLLABORATION

EXPERIENCE

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